

WINDOWSILL GROWING

IF YOU LIVE IN AN APARTMENT, FLAT OR SOMEWHERE WITH NO ACCESS TO OUTDOOR SPACE, A HANGING BASKET OR WINDOW BOX COULD BE AN EXCELLENT WAY TO BRING THE GARDEN TO YOUR WINDOWSILL.

STRAWBERRIES ARE AN EASY PLANT TO GROW AND CAN BE GROWN ALMOST ANYWHERE. STRAWBERRIES CAN BE PLANTED ALL THROUGH THE YEAR, HOWEVER THE BEST TIME TO GROW FOR MORE CHANCE OF SUCCESS IS EARLY AUTUMN. BETWEEN JUNE AND SEPTEMBER.

Preparing your window box

Add a layer of gravel or pebbles to the bottom of your window box, around 3cm deep. This will help with drainage stop them drowning. Make sure that the box is fully secured to the windowsill.

Adding the compost

Fill your windowbox with compost so that it sits around 4 or 5cm below the top. Pack the compost and press down on it lightly. The compost should be slightly moist but not soaking wet.

Planting your strawberry seeds

Spread the seeds out evenly along the edges of your box or pot. Place the plants around 1.5cm away from the edge of the box or pots. Ideally, strawberry plants are placed 35-40 cm apart in a plant box or one per pot.

Add more compost

Top up the compost so it's roughly 3cm from the top of the box or pot. Firm up the soil around each plant as you spread it out.

Watering the seeds or plants

Water new plants and seeds frequently. Water from the bottom to prevent rotting the the fruit.

